
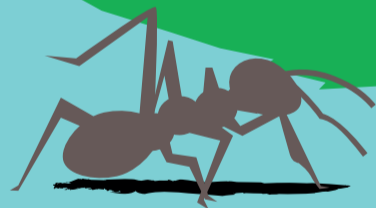


#TimeToTalk



The  
power  
of small



**A small conversation about  
mental health has the power  
to make a big difference**

**Let's start talking**

Together we will end mental health stigma

**time to  
talk day**  
04/02/21

**See Me**  
End mental health  
discrimination